



ST. ELIA'S NEWSLETTER – July/August 2016

We acknowledge that St Elia Ukrainian Orthodox Church was founded in Treaty No. 6 territory.

Ukrainian Orthodox Church of St. Elia

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Edmonton, AB T5B 1J2
Office: 780-471-2288
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Websites: St. Elia:

www.uocc-stelia.ca

Ukrainian Orthodox Church of Canada:

www.uocc.ca

Western Eparchy:

www.uocc-we.ca

Clergy

Priest: Very Rev. Archpriest Fr. Georg Podtepa
780-477-2583 home
780-984-6290 cell
geopod@telusplanet.net

Deacon: Dr. Roman Shiyani 780-439-7217 home
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Council Contacts

President: Fr. Deacon Dr. Roman Shiyani

Treasurer: Walter Marcenuik
780-463-9646

Secretary: Mary Goshko
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Myrna Kostash 780-433-0710
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Kitchen Contact: Donna Marianych 587-784-7082

Mission Outreach Committee: Father Georg, Father
Deacon Roman, Myrna Kostash, Betty Corlett,

Tanya Popowich, Lesia Shewchuk
Hospodar: Al Hayduk 780-476-1115
ahayduk@shaw.ca

(Alternate building contact: Bill Ewanec 780-474-4867)

Sunday Worship Summer Hours:

9:00 am Confessions
9:30 am Divine Liturgy

Sunday, August 7, 2016

**St. Elia Khram Celebration
Visitation of His Grace Bishop Ilarion**

9:30 am

Hierarchal Divine Liturgy to
follow
After the Divine Liturgy – Dinner

Tickets:

Adults: \$25.00, Youth (7-18 yrs) \$15.00
Children 6 and under – Free

Tickets are available at the
Church Office:
Walter 780-463-9646
Mary Ann 780-479-7972

Please purchase your tickets by
July 31, 2016

UWAC Fellowship Luncheon:

July 31, 2016

Message from Parish President, Father Deacon Dr. Roman Shiyan

Glory be to Jesus Christ!

Dear brothers and sisters in Christ, fellow parishioners,

I would like to begin with commending all members of our congregation on their dedication to the well-being of St. Elia Ukrainian Orthodox Parish. Particularly, I would like to congratulate our Parish Priest, the Very Reverend Mitred Archpriest Georg Podtepa with 30 years of pastoral service and to express our deepest gratitude to him for his pastoral service and spiritual guidance to all of us. I would also like to thank the Church Board members, the cantors, and the altar servers for their hard work and dedication.

In his Epistle to the Ephesians, chapter 4, St. Paul beseeches us to walk worthy of the calling with which we are called, with all lowliness and gentleness, with long-suffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.

We all love God and we are given various talents, which we employ serving Him to the best of our abilities. We are all different, yet we are the same in our love of God, and we are one in the Lord. As St. Paul teaches us, "There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism; one God and Father of all, who is above all, and through all, and in you all."

Let us always remember these words and live by them.

Have a wonderful and blessed summer!
Fr. Deacon Roman I. Shiyan (Parish President)

Consecration of St. Nicholas Ukrainian Orthodox Parish

July 31, 2016: 9:00 am followed by Divine Liturgy at 10:00 am
107 Vermont Avenue, **Red Deer, AB**

Banquet: 1:00 pm, Black Knight Inn, 2929 – 50 Avenue, Red Deer
Cost: \$50 adults/\$25 age 5-12 (under 5 free)

For tickets contact 403-700-9942 or orthodoxrd@gmail.com

SASKATCHEWAN ORTHODOX WOMEN'S RETREAT by Myrna Kostash

Love: "You are my friends." (John 15:14-15)

June 10-12, I was among the women who gathered at the Saskatchewan Orthodox Women's Retreat held at Queen's House in Saskatoon, my first experience on such a retreat. I looked forward to two things in particular: the chance to meet Orthodox women in parishes other than UOCC; and the opportunity to hear what the guest presenter, Fr Ihor Kutash, of Montreal's Saint Sophia cathedral, would say to us around the theme of Love. In the end, it was mainly Ukrainian women who attended, although some were members of Antiochian and OCA parishes and one woman was Russian Orthodox (I'm told that Greek women never attend these "pan-Orthodox" retreats). Fr Kutash was an inspired speaker who, through his commentary on Scripture, turned out to be an inspired spiritual guide as well.

The program was full to bursting. We gathered on the Friday evening for opening prayers, fellowship and the first session with Fr Ihor: "You shall love...the Lord your God," closing with quiet time at 10 pm. In this session we heard of the four kinds of love (affection, brotherly/sisterly love, eros and, the highest form, agape, unconditional love). "It is a commandment that we love God because we are *made* to love him," Fr Ihor told us. "And from the decision to make the commitment comes the emotion of love. Then the action – prayer, and care for others and Creation."

We met for morning prayers on Saturday, an Akathist of Thanksgiving: Glory to God for All Things, a beautiful text composed by Met. Tryphon Turkestanov (+1934) during the dark days of Stalin's persecution of the Russian church. I felt deeply humbled by the moving repetitions of Glory, knowing they came from such a dark time: "Glory to You for the feast-day of life. Glory to you for the perfume of lilies and roses....Glory to You for Your goodness, even in time of darkness, when all the world is hidden from our eyes, Glory to You for the prayers offered by a trembling soul." The utter loveliness of the singing by women was indeed the sound of prayer from our trembling souls.

After breakfast we assembled for the second session, "You shall love...yourself." This does not mean extreme self-negation nor narcissism but "to feel good in your own skin." This is not complacency, because it is something we have to keep working on. This is explicit in the most important prayer we can say: Lord, have mercy.

After lunch we reassembled for the third session: "You shall love...your neighbour." Following St John, Fr Ihor asked each of us: "How can we love God, whom we have not seen, when we do not love our neighbour, whom we have seen?" A saint is our neighbour transfigured, who has been chosen by God as the perfect and boundless subject of his love for us as we are." Of course the litmus test of such love is to love one's enemies. "We need to recast these 'enemies' in our mind as fellow sojourners."

By this time at 3:30 we were all grateful for a Silent Hour before supper, Great Vespers and Session four: "You shall love...those in authority." I have always found this a real challenge to my spiritual understanding (Love Putin? Love police chiefs everywhere?) Fr Ihor interpreted this commandment to love as the commitment to obedience "by which we undo the disobedience of Adam and Eve." Disobedience is not the same as defiance, for example, when an opinion, voiced as proclamation and insistence, becomes a heresy. But neither is it servility or yielding to coercion. A Greek word for obey in the New Testament means "to trust. To hear God's Word and act accordingly." In my little black notebook I wrote that "this means that one has enough discernment to know when it is God's word one is hearing!"

For the rest of the evening we enjoyed Quiet Time, or met with spiritual adviser, Fr Pau Ruiz-Gomer of the OCA "on behalf of the Saskatoon Orthodox clergy." Finally, on Sunday, we met for Prayers of the Hours and Divine Liturgy, Fr Kutash celebrating. All the liturgical services were held in the Queen's House chapel (normally a Roman Catholic setting) with endearing simplicity: three icons for veneration, a simple altar with candles, no screen but a large window looking out over spacious gardens. Then brunch – the food prepared for us at all the meals was tasty and of great variety - and departure by noon.

This was the 16th Orthodox Women's Retreat (what took me so long?), which has featured speakers such as Mother Magdalena of California, Fr Bohdan Hladio of Oshawa and Fr Cosmin Sicoe of Regina. Queen's House is usually the venue and I recommend it highly: very pleasant common areas and meeting rooms, gardens for contemplative walking, peace and quiet when you needed it, hospitality when you needed that too. All in all, a blessed place and program for refreshment body and soul.

ST. ELIA FOOD BASKET –

PLEASE CONTINUE YOUR DONATIONS! Your contributions are a gift of love!

If you wish to donate money for gift cards, please see Walter Marcenuik on Sundays

'Then the righteous will answer Him [Christ], saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? . . . And the King [Christ] will answer and say to them, Assuredly, I say to you, inasmuch as you did it to one of the least of these my brethren, you did it to Me.' (Matthew 25: 37,40)

Ukrainian Women's Association of Canada Lesia Ukrainka Branch, St. Elia

Our Annual Appreciation Brunch was held on June 16 at the Highlands Golf Course with 41 members and other supporters in attendance. Our **BIG** bus couldn't maneuver down the hill to the front door so all those who couldn't manage the steep steps down to the clubhouse got a "chariot" ride in a golf cart (one by one) by a young golf pro; I hope the women enjoyed that part of the day! Smoloskyp (torch) pins were presented to 10 year members Helen Hayduk, Mary Sawchuk and Mary Shupenia (in attendance) and will be forwarded to Tanya Popowich, Lesia Shewchuk, Dobr. Natalya Shiyan, Linda Zaplotinsky and Peggy Tanasiuk. Hilda Ewanec was presented as our Soyuz member turning 80 this year. Phyllis and Michael Charuk's daughter Cheryl and granddaughter Ashley entertained us with several songs and a nice brunch was enjoyed by all.

If you wish to purchase frozen pyrohy, see Alex Werstiuk, Hilda Ewanec or Tillie Ostrowerka on Sundays.

Books for Sale by UWAC Lesia Ukrainka Branch at St. Elia

Contact Betty Corlett 780-932-9727 or bettycor@telus.net

Baba's Cook Book	\$ 15.00	Smoky Lake Cookbook	\$ 25.00
From Baba, with Love	\$ 35.00	My Icon Book	\$ 15.00

FEASTS AND COMMEMORATIONS

July 7: Nativity of St John the Baptist



[Isaiah](#) 40:3-5 is commonly read as a prophecy of John. The voice of one crying in the wilderness:

“Prepare the way of the Lord; Make

July 14: Cosmas and Damian



Cosmas and Damian were unmercenaries and miracle-workers. They were brothers both in the flesh and in the spirit, born somewhere in Asia Minor of a pagan father and a Christian mother. After their father’s

straight in the desert, A highway for our God. 4 Every valley shall be exalted And every mountain and hill brought low; The crooked places shall be made straight And the rough places smooth; 5 The glory of the Lord shall be revealed, And all flesh shall see *it* together; For the mouth of the Lord has spoken.”

His father, Zacharias, was a priest of the course of Abia (1 Chr. 24:10), and his mother, Elizabeth, was of the daughters of Aaron (Luke 1:5). John held the priesthood of Aaron, giving him the authority to perform baptisms of God.

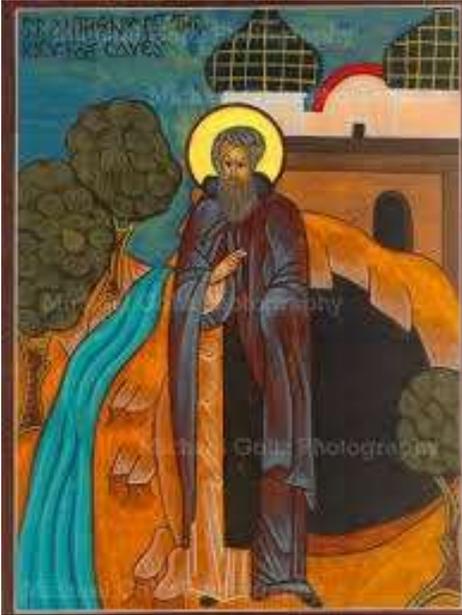
His birth took place six months before that of Jesus, and according to the Gospel account was expected by prophecy (Matt. 3:3; Isa. 40:3; Mal. 3:1) and foretold by an angel. Zacharias lost his power of speech because of his unbelief over the birth of his son, and had it restored on the occasion of John's circumcision (Luke 1:64).

death, their mother Theodota devoted all her time and effort to educating her sons and raising them as true Christians. God helped her, and her sons matured as sweet fruit and luminaries of the world. They were learned in the art of medicine and ministered to the sick without payment, not so much with medicine as by the name of the Lord Jesus Christ. They were called “unmercenary physicians,” that is, unpaid physicians, for they healed freely and thus fulfilled the commandment of Christ: *Freely ye have received, freely give* (Matthew 10:8).

The holy brothers were great miracle-workers both during their life and after their death. A snake crawled through the

mouth and into the stomach of a certain farm laborer during his sleep, and the unfortunate man would have died in the greatest pain had he not, in the last moment, invoked the help of Saints Cosmas and Damian. Thus, the Lord glorified forever the miracle-working of those who glorified Him on earth by their faith, purity and mercy.

July 23: Anthony of Kiev Cave



Our venerable father **Anthony of the Kiev Caves** was one of the founders of the Monastery of the Kiev Caves.

Anthony was born in 983 in Liubech, near Chernigov. In his youth he possessed a fear of God and dressed in monastic attire. As he matured he set off on a journey to Mount Athos, where he took to the monastic life. He received a monastic tonsure with the name Anthony, and set his life on a course of pleasing God and living an ascetic life on the path to virtue. He became known for his humility and obedience.

Returning to the Rus' lands, Anthony visited many monasteries near Kyiv, but was not able to find the strict life that drew him to Mount Athos. In time, he came upon a cave that had been dug by the

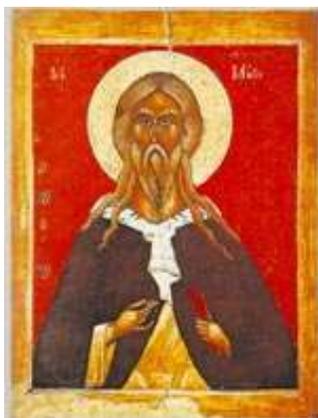
priest Hilarion (later to be Metropolitan of Kyiv), near the village of Berestovo. Here he began his struggle in prayer, vigil, work, and fasting, eating only a morsel a day and sometimes not eating for week.

In his ascetic life, people began to come to him for his blessing and counsel. Some who came decided to stay with him. Anthony's renown spread throughout the land, inspiring many to the monastic life. After twelve men had gathered with Anthony, the brethren dug a bigger cave, and within it made a church and cells for the monks. As the community became larger, Anthony withdrew to another place to dig a new cave where he secluded himself. Nevertheless, monks began to settle around his new cave of seclusion. Thus were formed the Near and Far Caves monasteries.

The community of the Near and Far Caves continued to grow, reaching a population of hundred. Then, Prince Izyaslav gave the community of monks the hill where a large church and cells were built, around which a palisade was built. Thus, the renowned Monastery of the Kyiv Caves came into being, the first spiritual center in the land of the Rus', raised up through the efforts of St. Anthony, without gold but on the prayers of saints and by their tears, vigil, and fasting.

He died on May 7, 1073, and his relics, through divine providence, remain concealed.

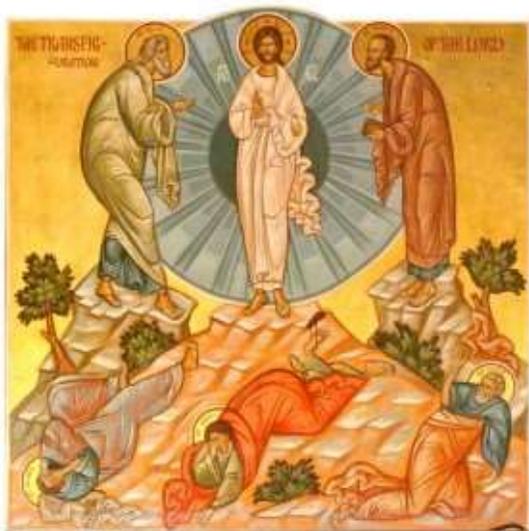
August 2: Prophet Elias



'Elias' is the Greek form of the Biblical name "Elijah". Hence, "St. Elias" is how we refer to the Holy Prophet, Elijah [the Tishbite]. (Fyi, "St. Eliseus" is the Greek form for the Holy Prophet, Elisha.) The name "Elias" (in Hebrew: "Eliyahu") means: My God is Yhwh (the LORD). The Elijah cycle can be found in the Bible at I Kings 17:1 - 22:54 & II Kings 1:1 - 2:18. Elijah is a particularly significant figure in Orthodox spirituality - hence many Churches and children are given his name: "ILYA" (the Slavonic form of "Elijah").

St. Elias is honoured and exemplary for:

- his mysticism, e.g. holding intimate conversation with God, hearing God's voice in the gentle breeze;
- his asceticism, e.g.. being taken by God to live in the desert, eating only food brought by ravens;
- his prophesy, e.g. being commanded by God to denounce rulers for their injustice, their infidelity, and their oppression of the people;
- his orthodoxy, e.g. following the one true God and opposing the worship of other gods;
- his miracle working, e.g. providing food in time of famine, raising the dead, dividing the waters and crossing the Jordan dryshod;
- his concern for the poor, the widow and orphan;
- his being taken up, deathless, into the heavens by God in the fiery chariot;
- his appearance with the Messiah at the holy Transfiguration (Matt 17:1-8).



**St Elia with the Messiah
at the Transfiguration**

A Brief Story of St. Elias source:
www.eteliasorthodoxchurch.org

St. Prophet Elias was a hero of faithfulness to God in Israel and a courageous prophet. He was an ascetic, clad in skins and a leather girdle, dwelling in mountain caves. He appeared abruptly when King Achad executed many priests of God, and announced to him God's vengeance. On Mt. Carmel, he overcame the priests of Baal by calling down fire from Heaven. He was persecuted by Jezebel and fled to Mt. Horeb where God consoled him, fed him with bread brought by ravens, and told him to appoint Elisha as his successor. St. Elias was carried into heaven in a fiery chariot, while his mantle fell on Elisha.

ORDER OF SERVICES FOR JULY 2016.

3. - SUNDAY.....2-nd. SUNDAY AFTER PENTECOST.....9:30 A.M.
 10. - SUNDAY.....3-rd. SUNDAY AFTER PENTECOST.....9:30 A.M.
 17. - SUNDAY.....4-th. SUNDAY AFTER PENTECOST.....9:30 A.M.
 24. - SUNDAY.....5-th. SUNDAY AFTER PENTECOST.....9:30 A.M.
 31. - SUNDAY.....6-th. SUNDAY AFTER PENTECOST.....9:30 A.M.

ORDER OF SERVICES FOR AUGUST 2016.

7. - SUNDAY.....CHRAM. HOLY GLORIOUS PROPHET ELIAS.....9:30 A.M.
 14. - SUNDAY.....8 - th. SUNDAY AFTER PENTECOST.....9:30 A.M.
 21. - SUNDAY.....9 - th.SUNDAY AFTER PENTECOST.....9:30 A.M.
 28. - SUNDAY.... 10 - th.SUNDAY AFTER PENTECOST.....9:30 A.M.

ORDER OF SERVICES FOR SEPTEMBER 2016.

4. - SUNDAY.....11 - th.SUNDAY AFTER PENTECOST.....10:00 A.M.
 11. - SUNDAY.....12 - th.SUNDAY AFTER PENTECOST.....10:00 A.M.
 18. - SUNDAY.....13 - th.SUNDAY AFTER PENTECOST.....10:00 A.M.
 25. - SUNDAY.....14 - th.SUNDAY AFTER PENTECOST.....10:00 A.M.

* ☩ = Holydays on which Divine Services are held in most parishes.

ЛИПЕНЬ - 2016 - JULY

Shaded Days = Fast periods & days of strict fast.

НЕДІЛЯ SUNDAY	ПОНЕДІЛОК MONDAY	ВІВТОРОК TUESDAY	СЕРЕДА WEDNESDAY	ЧЕТВЕР THURSDAY	П'ЯТНИЦЯ FRIDAY	СУБОТА SATURDAY
					1 Martyr Leontius мч Леонтія Rom 5:17-6:2 Matt 9:14-17	2 Apostle Jude ап Юди брата Гос Rom 3:19-26 Matt 7:1-8
3 All Saints of Ukraine HMartyr Methodius сщмч Методій Rom 2:10-16 Matt 4:18-23	4 Julian of Tarsus Юліана Тарсійського Rom 7:1-13 Matt 9:36-10:8	5 HMartyr Eusebius сщмч Євсевія Rom 7:14-8:2 Matt 10:9-15	6 Martyr Agrippina мч Агрипини Rom 8:2-13 Matt 10:16-22	 7* Birth John Baptist Rom 13:11-14:4; Lk 1:1-25, 57-66, 76, 80	8 VirMartyr Febronia прмц Февронії Rom 9:6-19 Matt 10:32-36; 11:1	9 David of Salonica Давида Солунського Rom 3:29-4:3 Matt 7:24-6:4
10 Venerable Sampson преп Сампсона Rom 5:1-10 Matt 6:22-33	11 Relics Cyrus & John моц Кира и Іоана Rom 12:4-5, 15-21 Matt 11:2-15	 12* Apostles Peter & Paul 2 Cor 11:21-12:9 Matt 16:13-19	13 Synaxis 12 Apostles Собор 12 апостолів Rom 11:2-12 Matt 11:20-28	14 Cosmas & Damian Косми і Даміана Rom 11:13-24 Matt 11:27-30	15 Placing Robe MG Пол ризи Богор Rom 11:25-36 Matt 12:1-8	16 Martyr Hyacinth мч Якінта Rom 6:11-17 Matt 8:14-23
17 St Andrew of Crete свт Андрія у Криті Rom 6:18-23 Matt 8:5-13	18 Ven Athanasius преп Атанасія Rom 12:4-5, 15-21 Matt 12:9-13	19 Sisoies the Great преп Сисоя вел Rom 14:9-18 Matt 12:14-16, 22-30	20 Thomas of Maleon Томі з Малей Rom 15:7-16 Matt 12:38-45	21 GrMartyr Procopius велмч Прокопія Rom 15:17-29 Matt 12:46-13:3	22 HMartyr Pancratus сщмч Панкратія Rom 16:1-16 Matt 13:4-9	23 Antony of Kiev Cave Антонія Києво-Печер Rom 8:14-21 Matt 9:9-13
24 Blessed Olga блаж Ольги Rom 10:1-10, Matt 8:29-9:1	25 Theodore & John Теодора и Іоана Rom 16:17-24 Matt 13:10-23	26 Synaxis of Gabriel Собор Гавриїла 1 Cor 1:1-9 Matt 13:24-30	27 Apostle Aquila (70) апостола Акили (70) 1 Cor 2:9-3:8 Matt 13:31-36	 28* St Vladimir the Great Gal 1:11-19 John 10:1-9	29 HMartyr Athenogenes сщмч Атіногена 1 Cor 4:5-8 Matt 13:44-54	30 GrMartyr Marina велмч Марини Rom 8:1-5 Matt 9:18-28
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GUIDE NO. 3 - UJ

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СЕРПЕНЬ - 2016 - AUGUST

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НЕДІЛЯ SUNDAY	ПОНЕДІЛОК MONDAY	ВІВТОРОК TUESDAY	СЕРЕДА WEDNESDAY	ЧЕТВЕР THURSDAY	П'ЯТНИЦЯ FRIDAY	СУБОТА SATURDAY
	1 Venerable Macrina преп Макрини 1 Cor 5:9-6:11 Matt 13:54-58	 2 Prophet Elias James 5:10-20 Luke 4:22-30	3 Venerable Simeon преп Симеона 1 Cor 7:12-24 Matt 14:35-15:11	4 Mary Magdalene Марії Магдалини 1 Cor 7:24-35 Matt 15:12-21	5 Martyr Trophimus мч Трофима 1 Cor 7:35-8:7 Matt 15:29-31	6 Sts Boris & Gleb Бориса і Гліба Rom 12:1-3 Matt 10:37-11:1
7 Repose of St Anne Успінія св Анни Rom 15:1-7 Matt 9:27-35	8 HMartyr Hermolus сщмч Єрмолая 1 Cor 9:13-18 Matt 16:1-6	9 GrMar Panteleimon велмч Пантелеймона 1 Cor 10:5-12 Matt 16:6-12	10 Apostle Prochorus апостола Прохора 1 Cor 10:12-22 Matt 16:20-24	11 Martyr Callinicus мч Калиніка 1 Cor 10:28-11:7 Matt 16:24-28	12 Apostle Silas (70) апостола Сили (70) 1 Cor 11:8-22 Matt 17:10-18	13 Righteous Eudocimus прав Євдокіма Rom 13:1-10 Matt 12:30-37
14 Dormition Fast begins Початок Спасієки 1 Cor 1:10-18 Matt 14:14-22	15 Relics St Stephen моц Стефана 1 Cor 11:31-12:6 Matt 18:1-11	16 Venerable Isaac преп Ісаакія 1 Cor 12:12-26, Matt 18: 18-22; 19:1-2, 13-15	17 7 Youths Ephesus 7 отрокія Єфесу 1 Cor 13:4-14:5 Matt 20:1-16	18 Martyr Eusignius мч Євсигнія 1 Cor 14:6-19 Matt 20:17-28	 19 Transfiguration 2 Pet 1:10-19 Matt 17:1-9	20 Martyr Dometius мч Дометія Rom 14:6-9 Matt 15:32-39
21 Confessor Emilian Ємільяна Ісповідника 1 Cor 3:9-17 Mark 14:22-34	22 Apostle Matthias апостола Матвія 1 Cor 15:12-19 Matt 21:18-22	23 Martyr Lawrence мч Лаврентія 1 Cor 15:29-38 Matt 21:23-27	24 Martyr Euplus мч Єупла 1 Cor 16:4-12 Matt 21:28-32	25 Martyr Photius мч Фотія 2 Cor 1:1-7 Matt 21:43-46	26 Confessor Maximus Максима Ісповідника 2 Cor 1:12-20 Matt 22:23-33	27 Prophet Micah пророка Михея Rom 15:30-33 Matt 17:24-18:4
 28 Dormition MG Ph 2:5-11, Lk 10: 38-42, 11:27-29	29 Image of Lord Образ ІС ХР 2 Cor 2:4-15 Matt 23:13-22	30 Martyr Myron мч Мирона 2 Cor 2:14-3:3 Matt 23:23-29	31 Florus & Laurus Флора і Лавра 2 Cor 3:4-11 Matt 23:29-39			

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